

# MTB Ride Checklist: (☾★ if nite)

## Pre – Ride Day:

---

- ☾★ Charge Battery/Check Light/Cables
- Quick bike check/ride – air cables etc...

## Into car/bag:

---

- |                                 |  |
|---------------------------------|--|
| <input type="checkbox"/> Helmet | <input type="checkbox"/> ☾★ Headlight        |
| <input type="checkbox"/> Shoes  | <input type="checkbox"/> Riding Shorts       |
| <input type="checkbox"/> Gloves | <input type="checkbox"/> Riding Shirt/Layers |
| <input type="checkbox"/> Pads   | <input type="checkbox"/> Socks               |

## Camelbak:

---

- Water
- Xtra Tube/Tools/Pump
- ☾★ Backup Light? Hmmm...
- Gu/Food
- First Aid
- Other \_\_\_\_\_

### After Ride:

- Money?
- Beer?
- Call your \_\_\_\_\_
- Check the ground for your stuff
- More Beer?